## <u>Confession before Christ the King or before</u> <u>Christmas. Get Your Heart Ready to Greet the</u> <u>King!</u>

Will you let Jesus clean your heart before the Solemnity of Christ the King or Christmas? Many people may think, "I really never sin. I haven't killed anyone. I haven't cheated on my spouse. I'm a pretty good person." We priests think that you are pretty good, but we want you to become great. We want you to become saints. We priests need forgiveness from Jesus; so do you. We must go to Confession.

Think about examining your conscience based on the following strong emotions and dispositions and other items. These emotions can be in the way of your relationship with God. They are blocking you from receiving His love and you loving God and your neighbor. When you come to Confession, it is best to confess kind of sin and <u>number</u> of times it was committed. For example, "Bless me, Father, for I have sinned. It has been two months since my last confession. I got drunk three times."

These strong emotions or dispositions like to come in groups or clusters. Many times we have bitterness, which then harbors resentment and un-forgiveness. Let Jesus cut it out in the confessional, or else they will become a spiritual cancer.

Examination:

- 1. Bitterness, resentment, hatred, un-forgiveness, violence, temper, anger, retaliation
- 2. Rebellion, self-will, stubbornness, disobedience, anti-submissiveness
- Strife, family strife, hatred of parents, hatred of siblings, hatred of children, hatred of spouse, contention, bickering, argument, quarreling, fighting, yelling, racism
- 4. Control, manipulation, possessiveness, dominance
- 5. Retaliation, destruction, spite, hatred, violence, sadism, hurt, cruelty, meanness
- 6. Accusation, judging, criticism, faultfinding
- 7. Rejection, fear of rejection, rejection of self, abandonment, isolation, hatred
- 8. Insecurity, inferiority, self-pity, loneliness, timidity, shyness, inadequacy, ineptness
- 9. Jealousy, envy, suspicion, distrust, selfishness
- 10. Withdrawal, pouting, daydreaming, fantasy, pretending, unreality
- 11. Escape, indifference, stoicism, passivity, sleepiness, alcohol, drugs
- 12. Passivity, indifference, listlessness, laziness, funk
- Depression, despair, despondency, discouragement, defeatism, negativism, dejection, hopelessness, insomnia, morbidness
- 14. Heaviness, gloom, burden, disgust

- 15. Worry, anxiety, fear, dread, apprehension
- 16. Nervousness, tension, headache, nervous habits, nail-biting, restlessness, excitement, insomnia
- 17. Sensitiveness, preoccupation with self, fear of man, fear of disapproval
- 18. Fear of persecution, unfairness, fear of judgment, fear of condemnation, fear of accusation, fear of reproof, sensitiveness, abandonment, isolation
- 19. Paranoia, jealousy, envy, suspicion, distrust, fear of persecution, confrontation
- 20. Confusion, frustration, incoherence, forgetfulness
- 21. Doubt, unbelief, skepticism
- 22. Indecision, procrastination, compromise, confusion, forgetfulness, indifference
- 23. Self-deception, self-delusion, pride
- 24. Confusion, fear of man, fear of failure, involvement in occult practices
- 25. Intellectualism, rationalization, pride, egotism
- 26. Fears of all kinds (hysteria, phobias)
- 27. Fears of authority, lying, deceit, manipulation, intimidation
- 28. Pride, egotism, vanity, self-righteousness, superiority, self-importance, haughtiness, arrogance
- 29. Affectation, theatrics, playacting, sophistication, pretending, immodesty
- 30. Covetousness, stealing, material lust, greed, discontent, selfishness
- 31. Perfectionism, (false) pride, vanity, egotism, frustration, criticism, irritability, intolerance, anger
- 32. Competition, driving, pushy, argumentative, pride, egotism
- 33. Impatience, agitation, frustration, intolerance, resentment, criticism
- 34. False burden, false responsibility, false compassion
- 35. Grief, sorrow, heartache, heartbreak, crying, sadness, cruel, over-grieving the loss of a loved one
- 36. Fatigue, tiredness, weariness, laziness [because of not taking care of oneself]
- Hyperactivity, restlessness, driving spirit, (lots of) pressure, workaholism
- Cursing, blasphemy, gossip, criticism, backbiting, mockery, belittling, railing
- 39. Addictive and compulsive, sugar (food/alcohol), nicotine, alcohol, drugs, medications, caffeine, gluttony, sleeping (to avoid life's difficult situations), overeating, over-gambling, overshopping
- 40. Gluttony, nervousness, compulsive eating, resentment, frustration, idleness, self-pity, self-reward

- 41. Self-accusation, self-hatred, self-condemnation, self-pity
- 42. Guilt, condemnation, shame, unworthiness, embarrassment
- 43. Sexual impurity, lust, fantasy lust (sexual daydreams) pornography, masturbation, promiscuity, sexual acts that are not open to life (not what God intended sex to be)
- 44. Certain R-rated movies, X-rated movies
- 45. Cults, Lodges, secret societies, Freemasonry
- Occult (trying to gain supernatural power or 46. knowledge apart from God-very dangerous to the soul), Ouija board, palm reading (palmistry), handwriting analysis, automatic handwriting, ESP, hypnotism, horoscope, astrology, levitation, fortune telling, water witching, tarot cards, pendulum, witchcraft, Wicca, black or white magic, conjuring spirits (conjuration), incantation, charms of protection, crystals or crystal balls, trolls, yoga (which is a way of practicing Hinduism; the First Commandment tells us to love God with all our being, so we do not practice non-Christian religions), tai chi, Reiki, Feng Shui, transcendental meditation, energy healing, séance, table or body lifting, reincarnation, Dungeons & Dragons, channeling, mental telepathy, psychic healing or hotline, books on witchcraft or new age, voodoo, fascination with demons or occult, Edgar Cayce, mind control, magic spells, satanic pacts or worship, family or relatives in occult, visited non-Christian shrine, Freemasonry, selfsufficiency, superstition, Course in Miracles, dream catcher
- 47. Legalistic mindset, doctrinal error, afraid of God, fear of going to Hell, fear of losing salvation, scrupulosity, religiosity
- 48. Music with lyrics that leads us away from God, heavy metal, black metal, acid rock, etc.

# A Plea for Intolerance

(By Bishop Fulton Sheen, 1931)

America, it is said, is suffering from intolerance. It is not. It is suffering from tolerance: tolerance of right and wrong, truth and error, virtue and evil, Christ and chaos. Our country is not nearly so much overrun with the bigoted as it is overrun with the broad-minded. The man who can make up his mind in an orderly way, as a man might make up his bed, is called a bigot; but a man who cannot make up his mind, any more than he can make up for lost time, is called tolerant and broadminded.

A bigoted man is one who refuses to accept a reason for anything; a broad-minded man is one who will accept anything for a reason—providing it is not a good reason. It is true that there is a demand for precision, exactness, and definiteness, but it is only for precision in scientific measurement, not in logic. The breakdown that has produced this natural broadmindedness is mental, not moral. The evidence for this statement is threefold: the tendency to settle issues not by arguments but by words, the unqualified willingness to accept the authority of anyone on the subject of religion, and lastly the love of novelty.

The science of religion has a right to be heard scientifically through its qualified spokesmen, just as the science of physics or astronomy has a right to be heard through its qualified spokesmen. Religion is a science despite the fact that some would make it only a sentiment. Religion has its principles, natural and revealed, which are more exacting in their logic than mathematics. But the false notion of tolerance has obscured this fact from the eyes of many who are as intolerant about the smallest details of life as they are tolerant about their relations to God.

More Bishop Sheen continued...

## A Passion for Novelty

Another evidence of the breakdown of reason that has produced this weird fungus of broad-mindedness is the passion of novelty, as opposed to the love of truth. Truth is sacrificed for an epigram, the Divinity of Christ for a headline in the Monday morning newspaper. Many a modern preacher is far less concerned with preaching Christ and Him crucified than he is with his popularity with his congregation. A want of intellectual backbone makes him straddle the ox of truth and the ass of nonsense, paying compliments to Catholics because of "their great organization" and to sexologists because of "their honest challenge to the youth of this generation." Bending the knee to the mob rather than God would probably make them scruple at ever playing the role of John the Baptist before a modern Herod. No accusing finger would be leveled at a divorce or one living in adultery; no voice would be thundered in the ears of the rich, saying with something of the intolerance of Divinity: "It is not lawful for thee to live with thy brother's wife." Rather would we hear: "Friends, times are changing!" The acids of modernity are eating away the fossils of orthodoxy.

Belief in the existence of God, in the Divinity of Christ, in the moral law, is considered passing fashions. The latest thing in this new tolerance is considered the true thing, as if truth were a fashion, like a hat, instead of an institution like a head.

## Gems of Wisdom from the Diary of St. Faustina

**820.** My Guardian Angel told me to pray for a certain soul, and in the morning I learned that it was a man whose agony had begun that very moment. The Lord Jesus makes it known to me in a special way when someone is in need of prayer. I especially know when my prayer is needed by a dying soul. This happens more often now than it did in the past.

### Saturday Evening Masses begin again at St. Bernard on Nov 14 at 7:30 p.m. and go through Mar 31

## **Solemnity of the Immaculate Conception Holy Day of Obligation**

Tuesday, December 8 -St. Bernard, 8:30 a.m. -St. Anne, 5 p.m. -Our Lady of the Snow, 6:45 p.m. -St. Ignatius, 4:30 p.m. -St. Peter, 7:30 p.m.

## Christmas (Solemnity of the Nativity of Our Lord)

Thursday, December 24 (Christmas Eve)
Winter Park Ski Lodge (West Portal), 6 p.m.
St. Ignatius, 4 p.m.
St. Anne, 7:30 p.m.
Friday, December 25
St. Bernard, 7 a.m.
Our Lady of the Snow, 9:30 a.m.
St. Peter, 10 a.m.

# Quick Apologetics (Defending Your Faith)—The Bible

We, as Catholic Christians, use a Bible that has 73 books (called the canon of Scripture); there are 46 books in the Old Testament, 27 in the New Testament. The canon of Scripture was settled at the Council of Rome in 382, under the authority of Pope Damasus I. This canon included the Septuagint, or Alexandrian Canon (written in Greek) of the Old Testament—46 books. It was soon reaffirmed on numerous occasions. The 73 books were affirmed at the Council of Hippo in 393 and at the Council of Carthage in 397. In 405 Pope Innocent I reaffirmed the canon in a letter to Bishop Exuperius of Toulouse. All of these canons were identical to our modern Catholic Bible. The Church also reaffirmed the 73 books of the Bible at the Councils of Florence (1442), Trent (1546), Vatican I (1870), and Vatican II (1965).

So why do Protestants have 66 book—seven less books? Historically, near 100 A.D. Jewish leaders rejected seven of "our books" [Wisdom, Sirach, Judith, Baruch, Tobit, and 1 and 2 Maccabees], mainly because they could not find versions of them written in Hebrew. This Jewish version is called the Palestinian Canon. In 1529, Martin Luther chose the Palestinian Canon, using the same reason to reject the seven books—he could not find the Hebrew version. However, close to 1950, archaeologists found Hebrew copies of the seven books in question in the Dead Sea scrolls at Qumran. Who would have known?!

In the New Testament, there are 300 quotations taken from the Septuagint, which was used by Jesus and the New Testament writers. If Jesus used the Septuagint, we had better do the same.

### **Second Collection for Christmas Families**

Tentatively, we will take a second collection on Thanksgiving weekend in order to sponsor 4 or 5 poor local families for Christmas. In all previous years, you have been so generous that we have been able to buy everything on the wish lists of these families. Thank you.

### St. Anne Renovation Payoff Countdown: \$27,612

### St. Peter Renovation Collection: \$37,380

### **Calendar of Events**

**-Dec 12 (Sat).** Our Lady of Guadalupe Mass in Spanish at Our Lady of the Snow at 10 a.m.

-Dec 13 (Sun). Spanish Mass at Our Lady at 1 p.m.

### Mass Collections, November 7 – 8

St. Anne	\$ To be counted
St. Bernard	679
Our Lady of the Snow	2670
St. Peter	402
St. Ignatius	673
Total	\$ 4424

#### Vocations Prayer Calendar; November

Please pray for our seminarians every day. Sat--Br. Peter Francis, SCJ & Christopher Considine Sun--Felipe da Silva & Luis da Silva Mendes Mon--Tom Scherer & Darrick Leier Tue--Josh Meier & Julio Amezcua Wed--Tommy Croghan & Angel Perez Brown Thu--Daniel Ciucci & Daniel Eusterman Fri--Men and women applying for formation

Mass Intentions and Schedule for StA, StB, and OLS KEY: StA = St. Anne; StB = St. Bernard; OLS = Our Lady of the Snow

-Sat, Nov 14, StA, 5 p.m., +John Negri -Sat, Nov 14, StB, 7:30 p.m., Maria Gasienica -Sun, Nov 15, StB, 7 a.m., Parishioners and visitors -Sun, Nov 15, OLS, 9:30 a.m., +Fr. John Gibbons

Weekday Masses (see extra Masses listed in bold) -Mon, Nov 16, StA, 8:30 a.m., Repose of Holy Souls -Tue, Nov 17, OLS, 7:30 a.m., Dan and Diane Bielski -Wed, Nov 18, StB, 8:30 a.m., +Franciszek Gasienica -Thu, Nov 19, OLS, 8:30 a.m., Robert & Janice Boynton -Fri, Nov 20, OLS, 8:30 a.m., Del and Mary Stansbery

Mass Intentions and Schedule for StP and StI KEY: StI = St. Ignatius (Walden); StP = St. Peter

-Sat, Nov 14, StI, 4 p.m., Goulette Family; Lytle Family -Sun, Nov 15, StP, 10 a.m., Parishioners and visitors