

Morning Offering to the Sacred Heart of Jesus

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of Your Most Sacred Heart, for the intentions of our associates and the Holy Father this month, and for the reunion of all Christians. Amen.

Daily Prayer of Surrender

O God Almighty, King of the Universe, I love You, praise You, and adore You! I surrender to You today with all my heart and soul. I say “yes” to You this day. O Most Holy Trinity, You are the only God, the one true God. Father, You are my true Father. Thanks for giving me a biological father in order to bring me into this world to share in Your divine nature by Your gift of grace. Jesus, I believe in You and receive You as my Lord and Savior. I hold nothing back. Jesus, You have my permission to live in my heart. Conform my heart and mind into Yours; let me love and think as You do. Holy Spirit, bring me to a deeper conversion to the person of Jesus Christ. Help me follow Your daily promptings. Immerse me, Holy Spirit, and let Your gifts come alive in me. Almighty God, I surrender all to You: my health, family, resources, work, skills, relationships, time management, successes, failures, and regrets. I release all of these to You and let them go. I surrender my understanding of how things ought to be, my choices, and my will. I surrender to You the promises I have kept and the promises I have failed to keep. I surrender my fears, temptations, insecurities, and sexuality to You.

Men, pray: Jesus, help me to become a man like You—a man of action that builds up Your Kingdom and who is sexually pure. Women, pray: Jesus, help me to become a woman like Mary—the greatest role model of all Christians, perfectly receptive to You, and sexually pure.

I especially surrender [surrender other areas as the Holy Spirit reveals them to you]: _____, _____, _____, etc.

Lord, I surrender my entire life to You—the past, the present, and the future. In sickness and in health, in life and in death, I belong to You alone! Almighty God, I offer up my body to You as a living sacrifice, holy and pleasing. Amen.

Prayer to St. Michael

Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who

prowl about the world seeking the ruin of souls. Amen.

Daily Prayer for the Holy Church and Priests

(St. Faustina and Acts 4:29-30)

O my Jesus, I beg You on behalf of the whole Church: Grant Her love and the light of Your Spirit, and give power to the words of Father Michael, Fr. Joseph, _____, and all priests so that hardened hearts might be brought to repentance and return to You, O Lord. Eternal Father, grant to all priests to speak Your word with all boldness, while You stretch out Your hand to heal, and signs and wonders are performed through the name of Your holy servant Jesus. Almighty God, give us holy priests; You Yourself maintain them in holiness. O Divine and Great High Priest, may the power of Your mercy accompany them everywhere and protect them from the devil’s traps and snares which are continually being set for the souls of priests. May the power of Your mercy, O Lord, shatter and bring to naught all that might tarnish the sanctity of priests, for You can do all things.

Jesus, my most beloved, I beg You for the triumph of the Church, for blessings on the Holy Father, and on all the clergy; for the grace of conversion for impenitent sinners. And I ask You for a special blessing and for light, O Jesus, for the priests before whom I will make my confessions throughout my lifetime. Amen.

Prayer to the Holy Spirit (by St. Augustine)

Breathe into me, Holy Spirit,
that my thoughts may all be holy.

Move in me, Holy Spirit,
that my work, too, may be holy.

Attract my heart, Holy Spirit,
that I may love only what is holy.

Strengthen me, Holy Spirit,
that I may defend all that is holy.

Protect me, Holy Spirit,
that I may always be holy. Amen.

Prayer for the World

Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster, and war. May the Lady of All Nations, the Blessed Virgin Mary, be our advocate. Amen.

Joshua 24:15: “As for me and my household, we will serve the Lord.”

John 3:30: “He must increase; I must decrease.”

John 6:68: “Master, to whom shall we go? You have the words of eternal life.”

The Daily Examen Prayer

- Transition: I become aware of the love with which God looks upon me as I begin this examen.
- Step One: Gratitude. I recall the gifts that God has given to me this day out of His love, and I thank Him for them.
- Step Two: Petition. I ask the Holy Spirit to lead me through this examen so that He may give me an insight and a strength that will make it a work of grace, fruitful beyond my human capacity alone.
- Step Three: Review. With my God, I review the day. I look for the stirrings in my heart and the thoughts that God has given me this day (love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control, etc.). I also look for those that have not been of God (pride, anger, lust, envy, gluttony, greed, laziness, fear, worry, doubt, an attitude of having to be in control, rivalry, etc.). I review my choices in response to both kinds of stirrings (of God; not of God) that I had throughout the day. E.g., if I had a temptation toward lust, did I dwell on it, or did I pray immediately to God to take it away. E.g., if God gave me the stirring of kindness during the day, did I treat everyone I met with great kindness?
- Step Four: Forgiveness. (A) I ask God to forgive me with His healing touch, knowing how much He loves me and wants to remove the burdens of my heart. *[Three critical things: (1) regularly confessing sins in the Sacrament of Confession “cuts down” the “weeds” (sins); the “weed killers” to destroy the “roots” are (2) renunciation [E.g., “In the name of the Lord Jesus Christ, I renounce anger.”] and (3) repentance [turn back to God; instead of worrying for an hour or being angry at someone for 30 minutes, immediately read the Bible or begin to pray. We don’t want the weeds to come back.] (B) Using the powerful name of Jesus, I forgive those who have hurt me. E.g., “Jesus, I forgive (name) for (doing this/that).” [I do not wait for them to say they are sorry to me; I forgive them anyway. This is called unilateral forgiveness.] I understand that they have problems (because I probably have some of the same), and I ask God to bless them with healing grace in areas where they need help. I can ask God to bless me in various areas also. God is love and wants to save and transform everyone.*
- Step Five: Renewal. I think about the following day; with God I plan concretely how to live it in accord with His loving desire for my life.
- Transition: Aware of God’s presence within me, I prayerfully conclude the examen with an Our Father. Then I ask Mary to purify my prayers through her Immaculate Heart, ending with a Hail Mary.

Praying with the Bible: A Brief Introduction to Ignatian Biblical Meditation (using rational reflection):

1. ***Begin***: Consider how God looks upon you and loves you; become aware of being in God’s presence. Stand for a moment, bow if you wish, then be seated comfortably for your time of prayer.
2. ***Preparatory Prayer***: Offer to God all your will and actions, especially in this time of prayer. Ask God for a specific grace that you need and desire right now (peace, consolation, hope, etc.).
3. ***Meditate on the Biblical Text*** that you have selected:
 - Read*** the biblical text through slowly, recalling what it is about; then let it come alive for you!
 - Reflect*** on the truths that God wants to teach you in this text.
 - Ponder*** the meaning of each word, phrase, and sentence in the text.
 - Focus*** on two or three points (words, phrases, images, ideas) that stand out to you.
 - Embrace*** what God is saying to you; let your heart be moved with love and desire.
 - Notice*** what is going on inside you as you pray: joy, sorrow, peace, confusion, love, anger, etc.
 - If you get distracted or your mind wanders, gently return to the biblical text and your focal points.
4. ***Colloquy***: Enter into a short personal conversation with Jesus (or God the Father, or the Holy Spirit). Speak heart-to-heart, as if conversing with a close friend.
5. ***Closing Prayer***: Conclude by praying the Our Father, Hail Mary, or another familiar/favorite prayer. You might stand, kneel, bow, raise your hands, or adopt another posture to mark the end of your prayer.
Afterward, briefly review what you experienced during this time of prayer (maybe journal about what happened), and look forward to your next prayerful encounter with God (When? Where? Which biblical text will you use?).

Ordinary Means of Staying Spiritually Healthy and Diminishing the World, the Flesh, and the Devil

1. Develop a deep faith life. (Ask for the gift of faith daily and spend time learning truth from the Bible, the *Catechism of the Catholic Church*, etc.)
2. Improve your prayer life. (Will you spend at least an hour in prayer each day? This can be broken into various parts throughout the day: Rosary, 15 minutes; silence, 15 minutes; pray with Bible, 15 minutes, etc.)
3. Lead a good moral life. (Study and live the Commandments and precepts of the Church.)
4. Live a sacramental life. (Mass on Sundays and Holy Days; also try for daily Mass; frequent Confession.)

Religious Education begins this Thursday, Sep 8, in Granby at Our Lady of the Snow at 6:30 p.m.

Religious Education begins on Sunday, Sep 11, in Kremmling at St. Peter, right after the 10 a.m. Mass

First Tuesday (Sep 7) Confession; St. Bernard; 7 p.m.
Mass at 6 p.m. followed by Holy Hour with Confession.

This Weekend is the Last Saturday Evening Mass at St. Bernard until November 19

The Office is Closed on Labor Day

That Man Is You!

Our men’s group begins on Friday, September 16, at Our Lady of the Snow. Come early for breakfast at 6:30 a.m. and then receive wisdom from 7 – 8 p.m.

Gems of Wisdom from the *Diary* of Saint Faustina

856. During the morning meditation, I felt an aversion and a repugnance for all created things. Everything pales before my eyes; my spirit is detached from all things. I desire only God Himself, and yet I must live. This is a martyrdom beyond description. God imparts Himself to the soul in a loving way and draws it into the infinite depths of His divinity, but at the same time He leaves it here on earth for the sole purpose that it might suffer and die of longing for Him. And this strong love is so pure that God Himself finds pleasure in it; and self-love has no access to its deeds, for here everything is totally saturated with bitterness, and thus is totally pure. Life is a continuous dying, painful and terrible, and at the same time it is the depth of true life and of inconceivable happiness and the strength of the soul; and because of this, [the soul] is capable of great deeds for the sake of God.

Quick Apologetics (Defending Your Faith)—The Bible

We, as Catholic Christians, use a Bible that has 73 books (called the canon of Scripture); there are 46 books in the Old Testament, 27 in the New Testament. The canon of Scripture was settled at the Council of Rome in 382, under the authority of Pope Damasus I. This canon included the Septuagint, or Alexandrian Canon (written in Greek) of the Old Testament—46 books. It was soon reaffirmed on numerous occasions. The 73 books were affirmed at the Council of Hippo in 393 and at the Council of Carthage in 397. In 405 Pope Innocent I reaffirmed the canon in a letter to Bishop Exuperius of Toulouse. All of these canons were identical to our modern Catholic Bible. The Church also reaffirmed the 73 books of the Bible at the Councils of Florence (1442), Trent (1546), Vatican I (1870), and Vatican II (1965).

So why do Protestants have 66 books—seven less books? Historically, near 100 A.D. Jewish leaders rejected seven of “our books” [Wisdom, Sirach, Judith, Baruch, Tobit, and 1 and 2 Maccabees], mainly because they could not find versions of them written in Hebrew. This Jewish version is

called the Palestinian Canon. In 1529, Martin Luther chose the Palestinian Canon, using the same reason to reject the seven books—he could not find the Hebrew version.

However, close to 1950, archaeologists found Hebrew copies of the seven books in question in the Dead Sea scrolls at Qumran. Who would have known?!

In the New Testament, there are 300 quotations taken from the Septuagint, which was used by Jesus and the New Testament writers. If Jesus used the Septuagint, we had better do the same.

St. Peter Renovation Collection: \$48,130

Needed for all repairs: ~ \$120,000

PRC Pancake Breakfast after OLS Mass, Sep 18

Calendar of Events

-Sep 3-4. Sale of goods from Jerusalem after Masses

-Sep 8 (Thu). Begin Religious Education at OLS

-Sep 11 (Sun). Begin Religious Education at StP

-Sep 16 (Fri). *That Man Is You!* at OLS, 6:30 a.m.

-Sep 18 (Sun). PRC Pancake breakfast at OLS

Mass Collections, August 27 – 28

St. Anne	\$ 1979
St. Bernard	1633
Our Lady of the Snow	2858
St. Peter	547
St. Ignatius	378
Total	\$ 7395

Vocations Prayer Calendar

Please pray for our seminarians every day.

Sat--Josh Madrid & Guillermo Bustillos

Sun--Kevin Kasel & Micah Flores

Mon--Donald Rasolofoarimanana & Hernaldo Arrieta

Tue--Jason DiRito & Jonathan Hantsbarger

Wed--Miguel Mendoza & Patrick DiLoreto

Thu--Samuel Munson & Stephen Sonnier

Fri--Increase in vocations to priesthood/religious life

Mass Intentions and Schedule for StA, StB, and OLS

KEY: StA = St. Anne; StB = St. Bernard;

OLS = Our Lady of the Snow

-Sat, Sep 3, StA, 5 p.m., Joseph and Annette Burbach

-Sat, Sep 3, StB, 7:30 p.m., Parishioners and visitors

-Sun, Sep 4, StB, 7 a.m., Mother Teresa’s prayers for us

-Sun, Sep 4, OLS, 9:30 a.m., Stephen and Lisa Gatschet

Weekday Masses

-Mon, Sep 5, StA, 8:30 a.m., +John Negri

-Tue, Sep 6, OLS, 7:30 a.m., Blessings on MC & LMCs

-Tue, Sep 6, StB, 6 p.m., Fr. Michael’s intention

-Wed, Sep 7, StB, 8:30 a.m., Keith and Debbie Morrison

-Thu, Sep 8, OLS, 11:15 a.m., God’s Little Instruments

-Fri, Sep 9, OLS, 8:30 a.m., Joseph and Annette Burbach

Mass Intentions and Schedule for StP and StI

KEY: StI = St. Ignatius (Walden); StP = St. Peter

-Sat, Sep 3, StI, 4 p.m., Parishioners and visitors

-Sun, Sep 4, StP, 10 a.m., Mark and Catherine Debiase