

The following was taken from the Divine Office, from the Office of Readings, Monday of the seventh week of Easter. Enjoy on this weekend as we celebrate Pentecost.

St. Cyril of Jerusalem

### ***The Living Water of the Holy Spirit***

*The water I shall give him will become in him a fountain of living water, welling up into eternal life.* This is a new kind of water, a living, leaping water, welling up for those who are worthy. But why did Christ call the grace of the Spirit water? Because all things are dependent on water; plants and animals have their origin in water. Water comes down from heaven as rain, and although it is always the same in itself, it produces many different effects, one in the palm tree, another in the vine, and so on throughout the whole of creation. It does not come down, now as one thing, now as another, but while remaining essentially the same, it adapts itself to the needs of every creature that receives it.

In the same way the Holy Spirit, whose nature is always the same, simple and indivisible, apportions grace to each man as he wills. Like a dry tree which puts forth shoots when watered, the soul bears the fruit of holiness when repentance has made it worthy of receiving the Holy Spirit. Although the Spirit never changes, the effects of his action, by the will of God and in the name of Christ, are both many and marvelous.

The Spirit makes one man a teacher of divine truth, inspires another to prophesy, gives another the power of casting out devils, enables another to interpret Holy Scripture. The Spirit strengthens one man's self-control, shows another how to help the poor, teaches another to fast and lead a life of asceticism, makes another oblivious to the needs of the body, trains another for martyrdom. His action is different in different people, but the Spirit himself is always the same. *In each person, Scripture says, the Spirit reveals his presence in a particular way for the common good.*

The Spirit comes gently and makes himself known by his fragrance. He is not felt as a burden, for he is light, very light. Rays of light and knowledge stream before him as he approaches. The Spirit comes with the tenderness of a true friend and protector to save, to heal, to teach, to counsel, to strengthen, to console. The Spirit comes to enlighten the mind first of the one who receives him, and then, through him, the minds of others as well.

As light strikes the eyes of a man who comes out of darkness into the sunshine and enables him to see clearly things he could not discern before, so light floods the soul of the man counted worthy of receiving the Holy Spirit and enables him to see things beyond the range of human vision, things hitherto undreamed of.

### **Some of the Gifts (Charisms) of the Holy Spirit**

Acts of mercy, administration, apostleship (bishops), casting out demons (deliverance/exorcism), discernment of spirits, evangelizing, exhortation (preaching), faith,

handling serpent (power over evil), healing, inspired singing (hymns or psalms), interpretation of tongues, martyrdom, miracles, pastoring, presiding (leadership), prophecy, revelation, service/helping ministry, teaching (catechizing), tongues (praying, singing, speaking), voluntary poverty, word of knowledge, word of wisdom. **Which of these has the Lord given you? Are you using them to build up His Church?**

### **Prayer for the Gifts of the Holy Spirit**

O HOLY SPIRIT, grant me the Gift of Wisdom, the supernatural light in which I may know God more clearly as the Supreme Being, His omnipotence, His eternity, His goodness and His glory, and that I may taste and enjoy with an enraptured soul the ineffable sweetness of His love.

O Holy Spirit, impart to me the Gift of Understanding, the clear light revealing to my mind the mysteries of faith, the things that are above; not "darkly as in a mirror," but in a clear and convincing manner in order to captivate my heart.

O Holy Spirit, impart to me the Gift of Counsel, the guiding ray of light that will enable me to choose what is true and right whenever I am assailed by doubts or dangers and that will infallibly lead to my last aim and end.

O Holy Spirit, impart to me the Gift of Fortitude, the strengthening ray of light that will aid me to overcome all temptations, all difficulties and hardships in the way of salvation with a generous soul, and to persevere in fidelity and love in spite of all obstacles and trials.

O Holy Spirit, impart to me the Gift of Knowledge, that illuminating light that will not only teach me the truth in all things pertaining to my salvation, but will make me despise what is deserving of contempt and love what is worthy of being loved.

O Holy Spirit, impart to me the Gift of Piety, that heavenly light which, entering into the depths of my being, will not only strongly incline my heart to love Divine worship and the liturgical services of the Church, but to practice cheerfully all that true godliness requires of me.

O Holy Spirit, impart to me the Gift of the Fear of the Lord. Let its Divine light penetrate my soul and fill it with such a reverence and awe of the Divine Majesty as to make me not only dread every sin as an offense against the great God, but also to shun carefully whatever in the least degree wounds Divine charity. Amen.

### **To Obtain the Grace of the Holy Spirit**

O GOD, before Whom every heart lies open, to Whom every will speaks, and from Whom no secret is hidden, purify, we beseech Thee, our hearts by the inpouring of the Holy Spirit, that we may come to love Thee perfectly and praise Thee worthily. Through Christ Our Lord. Amen.

### **Veni Creator Spiritus**

COME, O Creator Spirit blest,  
and in our souls take up Thy rest,  
come with Thy grace and Heavenly aid,  
and fill the hearts which Thou hast made.

Great Paraclete! To Thee we cry,  
O highest gift of God most high!  
O fount of life! O fire of love!  
And sweet anointing from above.

Thou in Thy sevenfold gifts art known,  
the finger of God's hand we own;  
the promise of the Father, Thou!  
Who dost the tongue with power endow.

Kindle our senses from above,  
and make our hearts o'er flow with love;  
with patience firm and virtue high,  
the weakness of our flesh supply.

Far from us drive the foe we dread,  
and grant us Thy true peace instead;  
so shall we not, with Thee for guide,  
Turn from the path of life aside.

Oh, may Thy grace on us bestow  
The Father and the Son to know,  
And Thee through endless times confessed  
of both the Eternal Spirit blest.

All glory while the ages run  
are to the Father and the Son  
Who rose from death; the same to Thee,  
O Holy Ghost, eternally. Amen.

[A partial indulgence is granted to the faithful who devoutly recite the hymn "Come, Holy Spirit, Creator Blest." A plenary indulgence is granted if the hymn is recited publicly on the first of January or on the feast of Pentecost. Recall that in order to receive the plenary indulgence, one must go to Confession, receive the Eucharist, and pray for the intentions of the Holy Father.]

### **Prayer for Power from the Holy Spirit**

Lord, in the book of Acts You said "you shall receive power when the Holy Spirit comes on you...and you shall be My witnesses...to the ends of the earth" (Acts 1:8). Give me a fresh anointing, Lord, and a fuller release of Your Spirit's power and gifts that are already present in me through water Baptism and Confirmation.

Divine Lord, I do not wish to be just Your follower. Take away any indifference that I have toward Your Divine Presence in me. Change and release that passive indwelling power of Your Spirit in me into that active

infilling power. Let that "rose bud" become a "rose bloom," the "acorn" become the "oak tree," so that I may experience that same infilling power as did the disciples at the first Pentecost.

By that same power, give me a new inner strength over the sinful habits of my life. Help me to become an effective witness for You and draw others to You according to Your plan and purpose in my life.

### **Prayer to the Holy Spirit through Mary**

Holy and Divine Spirit! Through the intercession of the Blessed Virgin Mary, Your Spouse, bring the fullness of Your gifts into our hearts. Comforted and strengthened by You, may we live according to Your will and die praising Your infinite mercy. Through Christ our Lord. Amen.

Come, Holy Spirit! Come, by the means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved Spouse!

### **Quick Apologetics (Defending Your Faith)—The Bible**

We, as Catholic Christians, use a Bible that has 73 books (called the canon of Scripture); there are 46 books in the Old Testament, 27 in the New Testament. The canon of Scripture was settled at the Council of Rome in 382, under the authority of Pope Damasus I. This canon included the Septuagint, or Alexandrian Canon (written in Greek) of the Old Testament—46 books. It was soon reaffirmed on numerous occasions. The 73 books were affirmed at the Council of Hippo in 393 and at the Council of Carthage in 397. In 405 Pope Innocent I reaffirmed the canon in a letter to Bishop Exuperius of Toulouse. All of these canons were identical to our modern Catholic Bible. The Church also reaffirmed the 73 books of the Bible at the Councils of Florence (1442), Trent (1546), Vatican I (1870), and Vatican II (1965).

So why do Protestants have 66 books—seven less books? Historically, near 100 A.D. Jewish leaders rejected seven of "our books" [Wisdom, Sirach, Judith, Baruch, Tobit, and 1 and 2 Maccabees], mainly because they could not find versions of them written in Hebrew. This Jewish version is called the Palestinian Canon. In 1529, Martin Luther chose the Palestinian Canon, using the same reason to reject the seven books—he could not find the Hebrew version.

However, close to 1950, archaeologists found Hebrew copies of the seven books in question in the Dead Sea scrolls at Qumran. Who would have known?!

In the New Testament, there are 300 quotations taken from the Septuagint, which was used by Jesus and the New Testament writers. If Jesus used the Septuagint, we had better do the same.

## Stewardship Pledge

My church is composed of people like me; I help make it what it is.

It will be friendly if I am.

Its pews will be filled if I help fill them.

It will do great work if I work.

It will make generous gifts to many causes if I am a generous giver.

It will bring other people into its worship and fellowship if I invite and bring them.

It will be docile and desire to learn the Bible if I desire to do so.

It will spread the truth of God if I tell it to others and live it.

It will be a church of loyalty and love, of fearlessness and faith, and a church with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall dedicate myself to the tasks of being all the things that Jesus wants His Church to be.

## Pentecost is This Weekend; Let's Tap into the Grace!

You have a chance to receive a plenary indulgence from the Lord on this Pentecost weekend. Regarding indulgences, please watch:

<https://www.youtube.com/watch?v=HpdUZ3kWjM8>

One of the easiest ways to work with the Lord on this indulgence is to recite the *Veni Creator Spiritus* ("Come, Creator Spirit") prayer, go to Confession, receive Holy Communion, and pray for the intentions of Pope Francis.

The *Veni Creator Spiritus* prayer is on the second page of this bulletin. You will have time to go to Confession before and after Mass at St. Anne on Saturday. On Sunday, there is Eucharistic Adoration and Confession available at St. Peter from 8:45 – 9:45 a.m.

## Note Some Charisms (Special Gifts) of the Holy Spirit

Acts of mercy, administration, apostleship (bishops), casting out demons (deliverance/exorcism), discernment of spirits, evangelizing, exhortation (preaching), faith, handling serpents (power over evil), healing, inspired singing (hymns or psalms), interpretation of tongues, martyrdom, miracles, pastoring, presiding (leadership), prophecy, revelation, service/helping ministry, teaching (catechizing), tongues (praying, singing, speaking), voluntary poverty, word of knowledge, word of wisdom.

**Which of these has the Lord given to you? Are you using them to build up His Church?**

## St. Anne Prayer Garden Fund Raiser Garage Sale

May 25, 26 and 28 (half price on this day), from 8 a.m. to 4 p.m. Proceeds go to establishing a prayer garden at St. Anne's Church in Grand Lake. Donations are needed of new/slightly used items. Please no tube TVs, mattresses, baby cribs or hide-a-bed sofas. Volunteers are needed to mark, sort and work days of the sale. Please call Steve/Jan Robar (970-887-2000) to volunteer,

for pickup of items or with questions. Tax donation slips are available.

## Totus Tuus Vacation Bible School; June 17 – 22

Our Lady of the Snow. \$20 donation to offset the cost. Grades 1-6: Mon – Fri, 9 a.m. – 2:30 p.m.; grades 7-12: Sun – Thur, 7:30 – 9:30 p.m. (Be sure to pack a lunch and snacks for your children.)

## Sports-Bible Camp; July 19-20

-Days: Thursday-Friday -Time: 8:30 a.m. – 2:30 p.m.

-Where: Fraser Valley Sports Complex.

-For boys and girls: kindergarten completed through 6<sup>th</sup> grade completed.

-Typical sports: **volleyball** (the best), basketball, soccer, football, cheerleading, martial arts. -No cost.

## Calendar of Events

-**Jun 15 (Fri).** Special Feast Day for St. Bernard. Mass and dinner meal. More details coming.

-**Jun 17-22 (Sun-Fri).** *Totus Tuus* Vacation Bible School

-**Jun 23 (Sat).** Mass resumes at StB; 5:30 p.m.

-**Jul 19-20 (Thu-Fri).** Sports-Bible Camp in Fraser

### Mass Collections, May 12 – 13

St. Anne	\$ 2130
St. Bernard	1038
Our Lady of the Snow	3392
St. Peter	926
St. Ignatius	542
<b>Total</b>	<b>\$ 8028</b>

### Vocations Prayer Calendar

*Please pray for our seminarians every day.*

**Sat**—Jacob Machado & Ryan Mack

**Sun**—Thomas Gonzaga & Davide Milani

**Mon**—Zachary Michalczyk & Anthony Phan

**Tue**—Michael Tran & Vincent Mukalazi

**Wed**—Paolo Mori & Daniel Pereira

**Thu**—Michael Pitio & Jhan Pierre Sainea

**Fri**—Men and women applying for formation

### Mass Intentions and Schedule for StA, StB, and OLS

**KEY:** StA = St. Anne; StB = St. Bernard;

OLS = Our Lady of the Snow

#### Weekend Masses

-Sat, May 19, StA, 5 p.m., People in our region & visitors

-Sun, May 20, StB, 7 a.m., +Paul Robertson

-Sun, May 20, OLS, 9:30 a.m., Zachary Hayes

#### Weekday Masses

-Mon, May 21, StA, 8:30 a.m., Joseph/Annette Burbach

-Tue, May 22, OLS, 7:30 a.m., J. Goray/Lauren LaFortuna

-Wed, May 23, StB, 8:30 a.m., +Lynn Cassidy

-**Thu, May 24, OLS, 8:30 a.m.,** Jordan/Victoria Goray

-**Fri, May 25, OLS, 7 a.m.,** Joseph/Annette Burbach

### Mass Intentions and Schedule for StI and StP

**KEY:** StI = St. Ignatius (Walden); StP = St. Peter

-Sun, May 20, StP, 10 a.m., Tom Herbst

-Sun, May 20, StI, 4 p.m., People in our region & visitors